



INTERVIEW

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Tracks 1-14

- Track 1** Mechanism of action of lenalidomide and synergy with rituximab in lymphoma
- Track 2** Mechanism of action of the type II anti-CD20 monoclonal antibody obinutuzumab
- Track 3** Development of the R² regimen of lenalidomide/rituximab in indolent lymphoma or MCL
- Track 4** RELEVANCE: A Phase III trial of R² versus rituximab-based chemotherapy → rituximab maintenance for previously untreated FL
- Track 5** Results from the StiL NHL 1-2003 and BRIGHT studies of BR in previously untreated indolent or mantle-cell lymphomas
- Track 6** Activity of R² in indolent lymphomas and CLL
- Track 7** Clinical experience with lenalidomide for B-cell lymphomas
- Track 8** Activity of the BTK inhibitor ibrutinib and the PI3K delta inhibitor idelalisib in B-cell NHL
- Track 9** Rasburicase for tumor lysis syndrome and tumor flare in aggressive lymphomas and CLL
- Track 10** **Case discussion:** A 52-year-old patient with composite FL (80% Grade I/II, 20% Grade IIIb) achieves a complete remission with R-CHOP
- Track 11** **Case discussion:** An 81-year-old patient with asymptomatic Grade I/II FL initially undergoes observation
- Track 12** **Case discussion:** A 62-year-old patient who received BR 5 years ago for Stage III FL presents with recurrent disease in the neck and groin
- Track 13** Criteria for assessing risk in patients with MCL
- Track 14** Use of endoscopy to assess response in the colon in patients with MCL

Select Excerpts from the Interview

Tracks 3-4

► **DR LOVE:** Would you discuss the background for the study of the lenalidomide/rituximab (R²) regimen for indolent lymphomas?

► **DR FOWLER:** Initially we launched a pilot study of the R² regimen based on results from studies in mantle-cell lymphoma (MCL) cell lines and mouse models showing that it produced better results than either agent alone. This pilot study was for 30 patients with treatment-naïve indolent lymphomas.

Early on we observed a strong signal in FL. In fact, when we first presented the data about 3 years ago, the complete response rate for FL was 100%. So the study was expanded to enroll about 110 patients, especially those with FL (Fowler 2012; [5.1]), and in this population the complete response rate for patients with FL was 87%.

Efficacy and Safety Results of the Phase II Trial of Lenalidomide and Rituximab for Patients with Untreated Indolent Lymphomas

Efficacy	FL (n = 46)	SLL (n = 30)	MZL (n = 27)	All patients (n = 103)
Overall response rate	98%	80%	89%	90%
CR/CRu	87%	27%	67%	64%
PR	11%	53%	22%	26%
Stable disease	2%	13%	11%	8%
Progressive disease	0%	7%	0%	2%
Two-year PFS*	89%	NR	NR	83%
Safety	All patients			
Neutropenia	40%			
Thrombocytopenia	6%			

FL = follicular lymphoma; SLL = small lymphocytic lymphoma; MZL = marginal zone lymphoma; CR = complete response; CRu = unconfirmed CR; PR = partial response; PFS = progression-free survival; NR = not reported

* Median follow-up of 22 months

Fowler N et al. *Proc ASH 2012*; Abstract 901.

That was the basis for the ongoing Phase III RELEVANCE trial for patients with previously untreated FL (NCT01650701). Patients are randomly assigned to receive R² or rituximab/chemotherapy, including R-CHOP, R-CVP or rituximab/bendamustine (BR), followed by rituximab maintenance therapy. We hope that biologic treatment with an immune-modulated antibody will produce better results than any of the 3 common choices of standard chemotherapy.

Track 5

► **DR LOVE:** In general practice, what is the most commonly used first-line rituximab-based chemotherapy regimen outside of a trial setting?

► **DR FOWLER:** The results of the randomized STiL trial for patients with newly diagnosed low-grade NHL or MCL demonstrated a dramatically longer progression-free survival and less myelosuppression with BR than with R-CHOP (Rummel 2013; [5.2]). We've seen a rapid paradigm shift in the way newly diagnosed FL is treated. Based on my experience with patients referred from community oncologists and in the practices of my colleagues, I believe BR has replaced R-CHOP as the new standard for indolent disease.

It is important to clarify whether the disease has undergone transformation or if it has any Grade III components, in which case I treat with R-CHOP. I believe that for higher-grade lymphomas BR is equivalent to R-CHOP, although we don't have enough data to support this.

► **DR LOVE:** What is your view on the preliminary results of the BRIGHT trial of BR presented at ASH 2012 (Flinn 2012; [5.2])?

► **DR FOWLER:** We don't have the progression-free survival data from the BRIGHT study yet. From the preliminary results, BR appears to be similar in efficacy to

Phase III Study Results with Bendamustine/Rituximab (BR) versus Standard First-Line Chemotherapy for Indolent and Mantle-Cell Lymphomas

	BRIGHT ¹		StiL NHL 1-2003 ²	
	BR (n = 213)	R-CHOP/R-CVP (n = 206)	BR (n = 261)	R-CHOP (n = 253)
Efficacy				
Overall response rate	94%	84%	93%	91%
Complete response rate (all)	31%	25%	40%	30%
	HR, 1.26; $p = 0.0225^*$		$p = 0.021$	
Complete response rate (mantle-cell lymphoma)	51%	24%	Not reported (NR)	
	HR, 1.95; $p = 0.0180^\dagger$			
Median progression-free survival (all)	NR		69.5 mo	31.2 mo
			HR, 0.58; $p < 0.0001$	
Select adverse events	BR (n = 224)	R-CHOP/R-CVP (n = 223)	BR (n = 261)	R-CHOP (n = 253)
Nausea (any grade)	63%	48%	NR	NR
Fatigue (any grade)	51%	50%	NR	NR
Alopecia (any grade)	NR	NR	0%	100%
Neutropenia (Grade 3 or 4)	44%	70%	29%	69%
Lymphopenia (Grade 3 or 4)	62%	30%	74%	43%
Leukopenia (Grade 3 or 4)	38%	54%	37%	72%

* Test for noninferiority; † Test for superiority

HR = hazard ratio

¹ Flinn IW et al. *Proc ICML 2013*; **Abstract 084**; ² Rummel MJ et al. *Lancet 2013*;381(9873):1203-10.

R-CHOP in terms of overall response rate and complete response rate in low-grade lymphomas, although in the STiL trial complete response rates were better with BR. The slight difference in the use of R-CVP or R-CHOP in the design of the BRIGHT trial may explain the slightly lower rate of complete responses observed. The preliminary BRIGHT results suggest that BR is noninferior to R-CHOP or R-CVP.

In my practice BR is generally better tolerated than R-CHOP — no question about it. Most of my patients receiving BR are young parents who are able to work full time. Unlike R-CHOP, not much toxicity occurs with BR. ■

SELECT PUBLICATIONS

Flinn IW et al. **An open-label, randomized study of bendamustine and rituximab (BR) compared with rituximab, cyclophosphamide, vincristine, and prednisone (R-CVP) or rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone (R-CHOP) in first-line treatment of patients with advanced indolent non-Hodgkin's lymphoma (NHL) or mantle cell lymphoma (MCL): The Bright study.** *Proc ASH 2012*; **Abstract 902**.

Fowler N et al. **Lenalidomide and rituximab for untreated indolent lymphoma: Final results of a phase II study.** *Proc ASH 2012*; **Abstract 901**.

Rummel MJ et al. **Bendamustine plus rituximab versus CHOP plus rituximab as first-line treatment for patients with indolent and mantle-cell lymphomas: An open-label, multicentre, randomised, phase 3 non-inferiority trial.** *Lancet 2013*;381(9873):1203-10.

Rummel MJ et al. **Bendamustine plus rituximab versus fludarabine plus rituximab in patients with relapsed follicular, indolent and mantle cell lymphomas — Final results of the randomized Phase III study NHL 2-2003 on behalf of the StiL (Study Group Indolent Lymphomas, Germany).** *Proc ASH 2010*; **Abstract 856**.