

# Prostate Cancer™

## U P D A T E

Conversations with Urologic Oncology Investigators  
Bridging the Gap between Research and Patient Care

### FACULTY

Robert Dreicer, MD, MS  
Stephen J Freedland, MD  
Philip Kantoff, MD  
Judd W Moul, MD  
Howard Sandler, MD, MS  
A Oliver Sartor, MD  
Matthew R Smith, MD, PhD

**SPECIAL ISSUE**  
Proceedings from a  
Clinical Investigator  
Think Tank

### MODERATOR

Neil Love, MD



**CME**  
Certified



Subscribe to Podcasts or download MP3s of this program at [ResearchToPractice.com/PCUTT110](https://ResearchToPractice.com/PCUTT110)

---

## *Prostate Cancer Update*

### A Continuing Medical Education Audio Series

---

#### OVERVIEW OF ACTIVITY

Prostate cancer is the most frequently diagnosed cancer in men, with an estimated 220,000 new cases and approximately 60,000 patients becoming resistant to castration levels of testosterone in the United States every year. Recently published randomized controlled studies have led to the emergence of novel therapeutic strategies for patients with castration-resistant prostate cancer. The treatment landscape and available options for prostate cancer have thus broadened, making choices more challenging for many healthcare professionals and patients despite the recent gains made in the management of this disease. Determining which treatment approach is most appropriate for a given patient requires careful consideration of patient-specific characteristics, physician expertise and available health system resources. Oncology clinicians must possess a clear understanding of the benefits and risks of each of the various available options and how best to integrate the emerging data and new agents into the therapeutic algorithm. To bridge the gap between research and patient care, this activity is designed to expose oncology clinicians to peer-reviewed evidence and expert perspectives that can be translated into strategies for optimal patient care.

#### LEARNING OBJECTIVES

- Assess the efficacy and safety of radiation therapy after radical prostatectomy for patients with high-risk early-stage prostate cancer.
- Optimize the management of asymptomatic, mildly symptomatic or symptomatic castration-resistant prostate cancer (CRPC) through rational integration of prospective Phase III data.
- Communicate the benefits and risks of taxane-based chemotherapy regimens to patients with newly diagnosed or recurrent CRPC.
- Use clinical risk factors and tests to identify patients at risk for developing skeletal fractures, and develop a management approach to preserve bone health.
- Summarize emerging efficacy and safety data with targeted agents in CRPC, including microtubule stabilizers, endothelin A receptor antagonists, cellular immunotherapy and novel inhibitors of testosterone synthesis or activity.
- Counsel appropriately selected patients about the availability of ongoing clinical trials in which they may be eligible to participate.

#### ACCREDITATION STATEMENT

Research To Practice is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### CREDIT DESIGNATION STATEMENT

Research To Practice designates this educational activity for a maximum of 2.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### HOW TO USE THIS CME ACTIVITY

This CME activity contains an audio component. To receive credit, the participant should review the CME information, listen to the CDs and complete the Post-test and Educational Assessment and Credit Form located in the back of this booklet or on our website at [ResearchToPractice.com/PCUTT110/CME](http://ResearchToPractice.com/PCUTT110/CME).

*This program is supported by educational grants from Amgen Inc, AstraZeneca Pharmaceuticals LP, Aureon Laboratories Inc, Dendreon Corporation, Millennium Pharmaceuticals Inc and Sanofi-Aventis.*

---

Last review date: January 2011; Release date: January 2011; Expiration date: January 2012

# Prostate Cancer™

U P D A T E

## CONTENT VALIDATION AND DISCLOSURES

Research To Practice (RTP) is committed to providing its participants with high-quality, unbiased and state-of-the-art education. We assess potential conflicts of interest with faculty, planners and managers of CME activities. Real or apparent conflicts of interest are identified and resolved through a conflict of interest resolution process. In addition, all activity content is reviewed by both a member of the RTP scientific staff and an external, independent physician reviewer for fair balance, scientific objectivity of studies referenced and patient care recommendations.

**FACULTY** — The following faculty (and their spouses/partners) reported real or apparent conflicts of interest, which have been resolved through a conflict of interest resolution process:

**Dr Dreicer** — Advisory Committee: AstraZeneca Pharmaceuticals LP, Celgene Corporation, Centocor Ortho Biotech Services LLC, EMD Serono Inc, Millennium Pharmaceuticals Inc; Speakers Bureau: Sanofi-Aventis. **Dr Freedland** — Advisory Committee: Amgen Inc, AstraZeneca Pharmaceuticals LP, GlaxoSmithKline, Myriad Genetics Inc; Consulting Agreement: Amgen Inc; Speakers Bureau: Amgen Inc, AstraZeneca Pharmaceuticals LP, Aureon Laboratories Inc. **Dr Kantoff** — Advisory Committee: Amgen Inc, Millennium Pharmaceuticals Inc, Pfizer Inc. **Dr Mouli** — Advisory Committee: AstraZeneca Pharmaceuticals LP, Ferring, GlaxoSmithKline; Consulting Agreements: Amgen Inc, AstraZeneca Pharmaceuticals LP; Speakers Bureau: Aureon Laboratories Inc, Ferring, Sanofi-Aventis. **Dr Sandler** — Advisory Committee: Genentech BioOncology; Consulting Agreements: Calypso, Centocor Ortho Biotech Services LLC, Varian Medical Systems Inc; Stock Ownership: Biogen Idec. **Dr Sartor** — Advisory Committee: Bristol-Myers Squibb Company, GlaxoSmithKline; Consulting Agreements: Algeta ASA, Amgen Inc, AstraZeneca Pharmaceuticals LP, Bristol-Myers Squibb Company, Celgene Corporation, Dendreon Corporation, GlaxoSmithKline, GPC Biotech, Johnson & Johnson Pharmaceuticals, Medivation, OncoGenex Pharmaceuticals Inc, Pfizer Inc, Sanofi-Aventis; Paid Research: Algeta ASA, AstraZeneca Pharmaceuticals LP, Cougar Biotechnology Inc, GlaxoSmithKline, Johnson & Johnson Pharmaceuticals, Sanofi-Aventis; Speakers Bureau: EUSA Pharma. **Dr Smith** — Consulting Agreement: Amgen Inc.

**MODERATOR** — Dr Love is president and CEO of Research To Practice, which receives funds in the form of educational grants to develop CME activities from the following commercial interests: Abraxis BioScience Inc, a wholly owned subsidiary of Celgene Corporation, Allos Therapeutics, Amgen Inc, AstraZeneca Pharmaceuticals LP, Aureon Laboratories Inc, Bayer HealthCare Pharmaceuticals/Onyx Pharmaceuticals Inc, Biogen Idec, Boehringer Ingelheim Pharmaceuticals Inc, Bristol-Myers Squibb Company, Celgene Corporation, Cephalon Inc, Daiichi Sankyo Inc, Dendreon Corporation, Eisai Inc, EMD Serono Inc, Genentech BioOncology, Genomic Health Inc, Lilly USA LLC, Millennium Pharmaceuticals Inc, Myriad Genetics Inc, Novartis Pharmaceuticals Corporation, OSI Oncology, Sanofi-Aventis and Seattle Genetics.

**RESEARCH TO PRACTICE STAFF AND EXTERNAL REVIEWERS** — The scientific staff and reviewers for Research To Practice have no real or apparent conflicts of interest to disclose.

*This educational activity contains discussion of published and/or investigational uses of agents that are not indicated by the Food and Drug Administration. Research To Practice does not recommend the use of any agent outside of the labeled indications. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications and warnings. The opinions expressed are those of the presenters and are not to be construed as those of the publisher or grantors.*

If you would like to discontinue your complimentary subscription to *Prostate Cancer Update*, please email us at [Info@ResearchToPractice.com](mailto:Info@ResearchToPractice.com), call us at (800) 648-8654 or fax us at (305) 377-9998. Please include your full name and address, and we will remove you from the mailing list.

## QUESTIONS (PLEASE CIRCLE ANSWER):

1. Which of the following biomarkers provides value in the prognostication of recurrent PSA-only prostate cancer?
  - a. Absolute PSA level
  - b. PSA doubling time
  - c. Both a and b
  - d. Neither a nor b
2. Sipuleucel-T is a(n) \_\_\_\_\_.
  - a. Chemotherapy agent
  - b. Targeted small-molecule tyrosine kinase inhibitor
  - c. *E coli*-derived antibody to PSA
  - d. Autologous cellular immunotherapy agent
3. When compared to placebo in randomized trials, sipuleucel-T has demonstrated improvement in \_\_\_\_\_ among patients with CRPC.
  - a. PSA response
  - b. Progression-free survival
  - c. Overall survival
  - d. All of the above
4. Which of the following prostate cancer subtypes was included in the pivotal IMPACT trial comparing sipuleucel-T to placebo?
  - a. Asymptomatic or mildly symptomatic CRPC
  - b. Moderately symptomatic CRPC
  - c. Severely symptomatic CRPC
5. \_\_\_\_\_ has not shown an overall survival benefit in a randomized Phase III trial in CRPC.
  - a. Sipuleucel-T
  - b. Mitoxantrone/prednisone
  - c. Docetaxel/prednisone
  - d. Cabazitaxel/prednisone
6. Cabazitaxel/prednisone has demonstrated a survival advantage compared to \_\_\_\_\_ in the Phase III TROPIC study in CRPC.
  - a. Sipuleucel-T
  - b. Docetaxel/prednisone
  - c. Prednisone
  - d. Mitoxantrone/prednisone
7. According to the FDA recommendations, prophylactic growth factor support should be considered for patients receiving cabazitaxel who have high-risk clinical features that predispose them to increased complications from prolonged neutropenia.
  - a. True
  - b. False
8. In a double-blind, Phase III study for patients receiving androgen deprivation therapy for nonmetastatic prostate cancer, denosumab was associated with which of the following effects compared to placebo?
  - a. Increased bone mineral density
  - b. Reduction in the incidence of new vertebral fractures
  - c. Both a and b
9. In a double-blind, Phase III study for patients with metastatic CRPC, denosumab demonstrated superiority to zoledronic acid in delaying or preventing skeletal-related events.
  - a. True
  - b. False
10. Drugs with which of the following mechanisms are being studied in CRPC?
  - a. Lyase inhibition
  - b. Endothelin A inhibition
  - c. Both a and b
11. The Prostate Px® test has been demonstrated to predict the likelihood of disease progression after primary treatment of prostate cancer.
  - a. True
  - b. False
12. In studies with the Prostate Px® test, the definition of disease progression includes which of the following?
  - a. Development of castrate-resistant prostate cancer
  - b. Development of metastatic disease
  - c. PSA recurrence only
  - d. Both a and b

**EDUCATIONAL ASSESSMENT AND CREDIT FORM**

*Prostate Cancer Update — Think Tank Issue 1*

Research To Practice is committed to providing valuable continuing education for oncology clinicians, and your input is critical to helping us achieve this important goal. Please take the time to assess the activity you just completed, with the assurance that your answers and suggestions are strictly confidential.

**PART ONE — Please tell us about your experience with this educational activity**

**How would you characterize your level of knowledge on the following topics?**

4 = Excellent    3 = Good    2 = Adequate    1 = Suboptimal

	BEFORE	AFTER
<b>IMPACT: A Phase III trial of sipuleucel-T versus placebo for asymptomatic or mildly symptomatic CRPC</b>	4 3 2 1	4 3 2 1
<b>Efficacy of denosumab in men receiving androgen deprivation therapy for prostate cancer</b>	4 3 2 1	4 3 2 1
<b>Rationale for the development of lyase inhibitors, such as abiraterone and TAK-700, for both hormone-responsive and castration-resistant prostate cancer</b>	4 3 2 1	4 3 2 1
<b>TROPIC: A Phase III trial of the novel microtubule stabilizer cabazitaxel for docetaxel-refractory CRPC</b>	4 3 2 1	4 3 2 1

**Was the activity evidence based, fair, balanced and free from commercial bias?**

Yes     No

If no, please explain: .....

**Will this activity help you improve patient care?**

Yes     No     Not applicable

If no, please explain: .....

**Did the activity meet your educational needs and expectations?**

Yes     No

If no, please explain: .....

**Please respond to the following learning objectives (LOs) by circling the appropriate selection:**

4 = Yes    3 = Will consider    2 = No    1 = Already doing    N/M = LO not met    N/A = Not applicable

**As a result of this activity, I will be able to:**

- Assess the efficacy and safety of radiation therapy after radical prostatectomy for patients with high-risk early-stage prostate cancer..... 4 3 2 1 N/M N/A
- Optimize the management of asymptomatic, mildly symptomatic or symptomatic castration-resistant prostate cancer (CRPC) through rational integration of prospective Phase III data.. . . . . 4 3 2 1 N/M N/A
- Communicate the benefits and risks of taxane-based chemotherapy regimens to patients with newly diagnosed or recurrent CRPC..... 4 3 2 1 N/M N/A
- Use clinical risk factors and tests to identify patients at risk for developing skeletal fractures, and develop a management approach to preserve bone health..... 4 3 2 1 N/M N/A
- Summarize emerging efficacy and safety data with targeted agents in CRPC, including microtubule stabilizers, endothelin A receptor antagonists, cellular immunotherapy and novel inhibitors of testosterone synthesis or activity..... 4 3 2 1 N/M N/A
- Counsel appropriately selected patients about the availability of ongoing clinical trials in which they may be eligible to participate..... 4 3 2 1 N/M N/A

**What other practice changes will you make or consider making as a result of this activity?**

.....

**EDUCATIONAL ASSESSMENT AND CREDIT FORM (continued)**

**What additional information or training do you need on the activity topics or other oncology-related topics?**

.....  
**Additional comments about this activity:**

.....  
**As part of our ongoing, continuous quality-improvement effort, we conduct postactivity follow-up surveys to assess the impact of our educational interventions on professional practice. Please indicate your willingness to participate in such a survey.**

Yes, I am willing to participate.  No, I am not willing to participate.

**PART TWO — Please tell us about the faculty and moderator for this educational activity**

	4 = Excellent	3 = Good	2 = Adequate	1 = Suboptimal	
<b>Faculty</b>	<b>Knowledge of subject matter</b>				<b>Effectiveness as an educator</b>
Robert Dreicer, MD, MS	4	3	2	1	4 3 2 1
Stephen J Freedland, MD	4	3	2	1	4 3 2 1
Philip Kantoff, MD	4	3	2	1	4 3 2 1
Judd W Moul, MD	4	3	2	1	4 3 2 1
Howard Sandler, MD, MS	4	3	2	1	4 3 2 1
A Oliver Sartor, MD	4	3	2	1	4 3 2 1
Matthew R Smith, MD, PhD	4	3	2	1	4 3 2 1
<b>Moderator</b>	<b>Knowledge of subject matter</b>				<b>Effectiveness as an educator</b>
Neil Love, MD	4	3	2	1	4 3 2 1

**Please recommend additional faculty for future activities:**

.....  
**Other comments about the faculty and moderator for this activity:**

**REQUEST FOR CREDIT — Please print clearly**

Name: ..... Specialty: .....

Professional Designation:

MD  DO  PharmD  NP  RN  PA  Other .....

Street Address: ..... Box/Suite: .....

City, State, Zip: .....

Telephone: ..... Fax: .....

Email: .....

**Research To Practice designates this educational activity for a maximum of 2.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.**

**I certify my actual time spent to complete this educational activity to be \_\_\_\_\_ hour(s).**

Signature: ..... Date: .....

PCUTT110

**To obtain a certificate of completion and receive credit for this activity, please complete the Post-test, fill out the Educational Assessment and Credit Form and fax both to (800) 447-4310, or mail both to Research To Practice, One Biscayne Tower, 2 South Biscayne Boulevard, Suite 3600, Miami, FL 33131. You may also complete the Post-test and Educational Assessment online at [www.ResearchToPractice.com/PCUTT110/CME](http://www.ResearchToPractice.com/PCUTT110/CME).**

# Prostate Cancer™

U P D A T E

<b>Moderator</b>	Neil Love, MD
<b>Managing Editor and CME Director</b>	Kathryn Ault Ziel, PhD
<b>Scientific Director</b>	Richard Kaderman, PhD
<b>Executive Scientific Director</b>	Aviva Asnis-Alibozek, MPAS, PA-C
<b>Editorial</b>	Clayton Campbell Gloria Kelly, PhD Akhil Kumar, MD Jean Pak Douglas Paley Margaret Peng
<b>Director, Creative and Copy Editing</b>	Aura Herrmann
<b>Creative Manager</b>	Fernando Rendina
<b>Graphic Designers</b>	Jessica Benitez Jason Cunnius Tamara Dabney Silvana Izquierdo Deepti Nath
<b>Copy Editing Manager</b>	Kirsten Miller
<b>Copy Editors</b>	Dave Amber Margo Harris David Hill Rosemary Hulce Pat Morrissey/Havlin Alexis Oneca Carol Peschke
<b>Production Manager</b>	Tracy Potter
<b>Audio Production</b>	Frank Cesarano
<b>Web Master</b>	John Ribeiro
<b>Multimedia Project Manager</b>	Marie Philemon
<b>Faculty Relations Manager</b>	Melissa Molieri
<b>Continuing Education Administrator for Nursing</b>	Julia W Aucoin, DNS, RN-BC, CNE
<b>Contact Information</b>	Neil Love, MD Research To Practice One Biscayne Tower 2 South Biscayne Boulevard, Suite 3600 Miami, FL 33131 Fax: (305) 377-9998 Email: <a href="mailto:DrNeilLove@ResearchToPractice.com">DrNeilLove@ResearchToPractice.com</a>
<b>For CME/CNE Information</b>	Email: <a href="mailto:CE@ResearchToPractice.com">CE@ResearchToPractice.com</a>

Copyright © 2011 Research To Practice. All rights reserved.

The compact discs, Internet content and accompanying printed material are protected by copyright. No part of this program may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or utilizing any information storage and retrieval system, without written permission from the copyright owner.

The opinions expressed are those of the presenters and are not to be construed as those of the publisher or grantors.

Participants have an implied responsibility to use the

newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management.

Any procedures, medications or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patients' conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information and comparison with recommendations of other authorities.

# Prostate Cancer™

U P D A T E

Copyright © 2011 Research To Practice.

This program is supported by educational grants from  
Amgen Inc, AstraZeneca Pharmaceuticals LP, Aureon Laboratories Inc,  
Dendreon Corporation, Millennium Pharmaceuticals Inc and Sanofi-Aventis.

## Research To Practice®

Sponsored by Research To Practice.

Last review date: January 2011

Release date: January 2011

Expiration date: January 2012

Estimated time to complete: 2.75 hours

